



**Area D: Social Sciences**  
 Complete TWO courses from Area D.  
 2 courses; minimum 6 semester or 9 quarter units required.  
 \*CSU American Institutions courses are **bolded and underlined**.

<b>D SOCIAL SCIENCES</b>	Completed	In Progress	Need
<p><b>Administration of Justice</b> 110; <b>Anthropology</b> 120, 122, 127, 140; <b>Child Development</b> 115, 125, 131, 145; <b>Communication</b> 124, 128, 144; <b>Economics</b> 110, 120, 121, 261; <b>Ethnic Studies</b> 107,114, 115, <b>118, 119</b>, 125, 127, 128, <b>130, 131</b>, 135, 137, 138, 143, 144, 145, 150, <b>180, 181</b>; <b>Family Studies</b> 115, 120; <b>French</b> 152; <b>Gender Studies</b> 116, 117, 154, 155; <b>Geography</b> 100, 101, 106, 130, 170; <b>History</b> 100, 101, 103, 105, 106, <b>108, 109</b>, 113, <b>114, 115, 118, 119, 122, 123, 124</b>, 126, <b>130, 131</b>, 136, 137, 148, 154, 155, <b>180, 181</b>; <b>Media Communications</b> 110; <b>Political Science</b> 120, <b>121</b>, 124, 130, <b>140</b>, 150, 155, 160; <b>Psychology</b> 120, 125, 134, 138, 140, 150, 170, 211, 220; <b>Sociology</b> 114, 120, 125, 130, 138, 140; <b>Spanish</b> 145</p> <p><b>**Other Regionally Accredited College Course:</b> _____ <b>AP/CLEP/IB</b> _____</p>			

<p><b>ADDITIONAL COURSE FROM AREA D:</b> _____</p> <p><b>**Other Regionally Accredited College Course:</b> _____ <b>AP/CLEP/IB</b> _____</p>			
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**Area E: Lifelong Understanding and Self-Development**  
 Select ONE course from Area E.  
 3 semester or 4 quarter units required.

<b>E LIFELONG LEARNING AND SELF-DEVELOPMENT</b>	Completed	In Progress	Need
<p><b>Business</b> 195; <b>Child Development</b> 125, 145; <b>Counseling</b> 120; <b>English</b> 219; <b>Ethnic Studies</b> 127; <b>Family Studies</b> 110, 120, 129; <b>Health Education</b> 120, 201; <b>Health Sciences</b> 110; <b>Nutrition</b> 155, 158, 159, 255; <b>Psychology</b> 132, 134, 140, 150, 180, 220; <b>Sociology</b> 125</p> <p>*This area can be certified with a DD214 or military transcript. Please submit to Admissions &amp; Records.</p> <p><b>**Other Regionally Accredited College Course:</b> _____</p>			

**Area F: Ethnic Studies**  
 Select ONE course from Area F.  
 3 semester or 4 quarter units required.

<b>F ETHNIC STUDIES</b>	Completed	In Progress	Need
<p>At this time Grossmont College does not have any courses approved for Area F. Nevertheless, students starting at Grossmont (or any CCC or at a CSU) in Fall 2021, or later, should be aware of this new General Education requirement. Approved courses can be taken at Cuyamaca College, SDSU or other local CCCs. <b>See a counselor for more information.</b></p> <p><b>**Other Regionally Accredited College Course:</b> _____</p>			

**U.S. History, Constitution and American Ideals – (CSU Graduation Requirement)**  
 All California State Universities have a graduation requirement in U.S. History, Constitution, and American Ideals. Although this is not a transfer requirement it is recommended students take it prior to transfer to a CSU. Courses used to meet this requirement may also be used to meet required units in Area D. Courses are found in Area D in **bold and underlined**.

<b>Option 1: Choose ONE course from List A and ONE from List B</b>	Completed	In Progress	Need
<p><b>List A: Ethnic Studies</b> 118, 130, 180; <b>History</b> 107,108, 114, 115, 118, 122, 130, 180  <b>List B: Ethnic Studies</b> 119, 131; <b>History</b> 109, 115, 119, 123, 124, 131; <b>Political Science</b> 121, 140</p> <p><b>**Other Regionally Accredited College Course:</b> _____ <b>AP/CLEP</b> _____</p>			
<p><b>Option 2: Choose ONE course from List A and ONE from List B</b></p> <p><b>List A: Political Science</b> 121  <b>List B: Cross Cultural Studies</b> 118, 119, 130, 181; <b>History</b> 109, 118, 119, 130, 181</p> <p><b>**Other Regionally Accredited College Course:</b> _____ <b>AP/CLEP</b> _____</p>			
<p><b>Option 3: Choose ONE course from List A</b></p> <p><b>List A: History</b> 115</p> <p><b>**Other Regionally Accredited College Course:</b> _____ <b>AP/CLEP</b> _____</p>			

**Important Information**

- Courses may be listed in more than one area but will not be certified in more than one area.
- Certification is not a CSU admission requirement. Requirements are subject to change.
- Please work with a counselor to develop an educational plan that includes major preparation.
- **\*\*Courses taken at regionally accredited colleges or universities that are not part of the California Community College system can meet general education requirements for CSU GE. Approval of CSU general education placement is done by the Articulation Officer, M. Denise Aceves, via the "Pass Along" review process.**

\*Disclaimer: Every effort has been made to ensure the information below is accurate and timely. However, this information is unofficial and should be checked against the official information found on the ASSIST website @ www.assist.org. This advising sheet is a Counselor tool to be used with students.

@ Notation in CSU GE Areas A1, A2, A3, and B4 indicates grades of "C-" can be used to meet CSU GE Areas A1, A2, A3, and B4 for CSU admissions. **However, if the CSU Area A1, A2, A3, or B4 course double counts as a general education and major requirement, a "C" or better grade is recommended for certification.**