



Student: \_\_\_\_\_ ID#: \_\_\_\_\_ Date: \_\_\_\_\_

Major: \_\_\_\_\_ Transfer University: \_\_\_\_\_ Counselor: \_\_\_\_\_

A course may be used in 1 area only (Exception: \*CSU American Institution (AI) section).  
 IGETC courses may differ between Cuyamaca and Grossmont. If you plan to attend both colleges, other colleges, or use External Exam Credit (AP/IB) it is important to meet with a Counselor, refer to college catalogs and visit www.assist.org.

	Completed	In Progress	Remaining
<b>1. ENGLISH COMMUNICATION - 3 Courses: 9 semester, 12 quarter units</b> CSU - Complete 3 courses: One from 1A, one from 1B and one from 1C (Minimum 9 units). UC - Complete 2 courses: One from 1A and one from 1B (Minimum 6 units).			
<b>1A. English Composition</b> ENGL 120; ESL 122			
<b>1B. Critical Thinking and Composition</b> (Cannot be cleared by external exams) ENGL 124			
<b>1C. Oral Communication</b> (CSU requirement only) COMM 120, 122, 130			
<b>2. MATHEMATICAL CONCEPTS AND QUANTITATIVE REASONING - 1 Course: 3 semester, 4 quarter units</b> Complete 1 course.	C	IP	R
MATH 120, 125, 126, 160, 175, 176, 178, 180, 245, 280, 281, 284, 285; Statistics: ANTH 215; BIO 215; ECON 215; MATH 160; PSY 215; SOC 215			
<b>3. ARTS AND HUMANITIES - 3 Courses: 9 semester, 12 quarter units</b> Complete one course from 3A, one course from 3B and one additional course from either 3A or 3B.	C	IP	R
<b>3A: Arts</b> ART 100, 120, 130, 140, 141, 142, 143, 145, 146, 147; CCS 126, 134; DANC 110, 120; MUS 110, 111, 115, 116, 117, 123; PHOT 154; THTR 101, 110, 144, 205	3A		
<b>3B: Humanities</b> ARBC 121, 123, 148, 220, 221; ASL 121, 140, 220, 221; CHIN 121, 220, 221; COMM 144; CCS 133, 135, 143, 144, 236, 237, 238; ENGL 122, 201, 215, 217, 218, 219, 221, 222, 225, 226, 227, 228, 231, 232, 236, 237, 238; FREN 121, 152, 220, 221; GERM 121, 220, 221; HIST 100, 101, 103, 105, 106, 126, 135, 136, 137, 148; HUM 110, 120, 125, 130, 135, 140, 170; ITAL 121, 220, 221; JAPN 121, 149, 220, 221; PHIL 110, 111, 112, 114, 116, 118, 140, 141, 145, 150, 155; RELG 120, 130, 140, 150, 170; RUSS 121, 220, 221; SPAN 121, 123, 141, 220, 221; THTR 143, 144	3B		
	3A or 3B		
<b>4. SOCIAL AND BEHAVIORAL SCIENCES - 3 Courses: 9 semester, 12 quarter units</b> Complete 3 courses from at least 2 disciplines.*CSU American Institutions (AI) courses are bolded and underlined.	C	IP	R
Administration of Justice: AOJ 110 Anthropology: ANTH 120, 122, 127, 140 Child Development: CD 115, 125 Communication: COMM 124, 144 Cross-Cultural Studies: CCS 114, 115, 116, <b><u>118</u></b> , <b><u>119</u></b> , 125, 127, 128, <b><u>130</u></b> , <b><u>131</u></b> , 132, 135, 143, 144, 145, 154, 155, <b><u>180</u></b> , <b><u>181</u></b> Economics: ECON 110, 120, 121, 261 Family Studies: FS 115, 120 Geography: GEOG 100, 101, 106, 130, 170 History: HIST 100, 101, 103, 105, 106, <b><u>108</u></b> , <b><u>109</u></b> , 113, <b><u>114</u></b> , <b><u>115</u></b> , <b><u>118</u></b> , <b><u>119</u></b> , <b><u>122</u></b> , <b><u>123</u></b> , 124, 126, <b><u>130</u></b> , <b><u>131</u></b> , 136, 137, 148, 154, 155, <b><u>180</u></b> , <b><u>181</u></b> Media Communications: MCOM 110 Political Science: POSC 120, <b><u>121</u></b> , 124, 130, <b><u>140</u></b> , 155, 160 Psychology: PSY 120, 125, 134, 138, 140, 150, 170, 211, 220 Sociology: SOC 114, 120, 125, 130, 138, 140			

<b>5. Physical and Biological Sciences - At least 2 courses: 7 semester, 9 quarter units.</b> Complete one course from 5A, one course from 5B and one course from 5C if a lab is not included in 5A or 5B. Underlined courses do <u>NOT</u> include a laboratory.	Completed	In Progress	Remaining
<b>5A. Physical Sciences:</b> <u>ASTR 110, 120</u> ; <b>CHEM</b> 102, <u>110</u> , 113, 115, 116, 120, 141, 142, 231, 232, 241, 242; <b>GEOG</b> <u>120, 140</u> , <b>GEOL</b> <u>104, 110</u> , 121, <u>210</u> , <b>OCEA</b> <u>112</u> ; <b>PHYC</b> 110, 130, 131, 140, 240, 241; <b>PSC</b> <u>100, 110</u> ; <b>SCI</b> <u>110</u>			
<b>5B. Biological Sciences:</b> <b>ANTH</b> <u>130</u> ; <b>BIO</b> 105, 110, <u>112, 114, 118</u> , 120, 140, <u>141</u> , 144, 145, 152, 230, 240			
<b>5C. Laboratory (If lab is not included in 5A or 5B).</b> Lab must compliment your science lecture course. <b>ANTH</b> 131; <b>ASTR</b> 112; <b>BIO</b> 141L; <b>CHEM</b> 241L, 242L; <b>GEOG</b> 121; <b>GEOL</b> 111; <b>OCEA</b> 113; <b>PSC</b> 111			

<b>6. Language Other Than English (UC Requirement Only) - Students must meet one of the options below. Must be verifiable by official records on high school transcripts or by exam scores sent to Grossmont College Admissions and Records.</b>			
1. Completion of one of the following courses or higher will meet the UC language proficiency requirement: <b>ARBC 120, ASL 120, CHIN 120, FREN 120, GERM 120, ITAL 120, JAPN 120, RUSS 120, SPAN 120; OR CCS 122, 123</b>			<input type="checkbox"/>
2. Two (2) years of high school coursework in the same foreign language with a grade of "C-" or higher.			<input type="checkbox"/>
3. Achieve a score of 3 or higher on the College Board Advanced Placement Exam in a language other than English.			<input type="checkbox"/>
4. Achieve a score of 500-540 (depending on the language-verify with counselor) on the SAT II: Subject Test in Languages other than English			<input type="checkbox"/>
5. Achieve a score of 5 or higher on the International Baccalaureate (IB) Examinations in a language other than English. English "O" level exams (score of "A," "B" or "C") and English International "A" exams (score of 5, 6 or 7) also accepted.			<input type="checkbox"/>
6. Documented satisfactory completion of 2 or more years of formal schooling at the 6th grade level or higher in an institution where the language of instruction is not English. Must earn a grade of "C" or higher.			<input type="checkbox"/>
7. Statement from a faculty member verifying competency. Please meet with a counselor for more information on this option.			<input type="checkbox"/>

<b>*CSU American Institution (AI)</b>			
The AI requirement is a <b>CSU GRADUATION REQUIREMENT</b> . Completion is not mandatory for admission, however, completion of this requirement prior to transfer is highly recommended. Select Option 1, 2 or 3 and complete as indicated. <b>Courses <u>bolded and underlined</u> in Area 4 may be used to meet both American Institutions and Area 4 requirements.</b>	Completed	In Progress	Remaining
<b>Option 1:</b> Choose 1 course from <u>List A</u> and 1 course from <u>List B</u> : List A: <b>CCS 180, HIST 108, 114, 115, 122, 180</b> List B: <b>CCS 119, 131, HIST 109, 115, 119, 123, 124, 131, POSC 121, 140</b>			
<b>Option 2:</b> Choose 1 course from <u>List A</u> and 1 course from <u>List B</u> : List A: <b>POSC 121</b> List B: <b>CCS 118, 119, 130, 181, HIST 109, 118, 119, 130, 181</b>			
<b>Option 3:</b> Choose 1 course from <u>List A</u> : List A: <b>HIST 115</b>			

IGETC may not clear all general education requirements and is not recommended for all majors.  
 All courses must be completed with a "C" or better. "D" or "C-" grades are not acceptable for IGETC.  
 Courses can be certified in only one area. (Exception: \*CSU American Institution (AI) section)  
 Fulfillment of IGETC does not guarantee admission.  
 Courses may be taken with a "P" (Pass) but both the CSU and UC systems have a limit on the number of units.  
 Students must request official certification of IGETC in Admissions and Records/Evaluations.  
 Consult with a Counselor to determine how external exam scores (AP and IB) are applied to meet IGETC areas.