



AREA 1 – ENGLISH COMMUNICATION

1A-1C: Select three courses, one from each area. A minimum of 9 semester units.

1A: ENGLISH COMPOSITION

- ENGL C1000
- ESL 122

1B: CRITICAL THINKING AND COMPOSITION

- ENGL C1001
- PHIL 125¹

1C: ORAL COMMUNICATION

- COMM C1000

AREA 2 – MATHEMATICAL CONCEPTS AND QUANTITATIVE REASONING

2: Select one course. A minimum of 3 semester units.

- BIO 215
- MATH 125
- MATH 175
- MATH 245
- MATH 285
- PSY 215
- ECON 215
- MATH 126
- MATH 176
- MATH 281
- MATH C2210[^]
- STAT C1000
- MATH 120
- MATH 171
- MATH 178
- MATH 284
- MATH C2220[^]

AREA 3 – ARTS AND HUMANITIES

3A-3B: Select two courses, one from each area. A minimum of 6 semester units.

3A: ARTS

- ART 100
- ART 120
- ART 130
- ART 142
- ART 143
- ART 145
- ART 146
- ART 147
- ARTH C1100[^]
- ARTH C1200[^]
- DANC 110
- DANC 120
- ETHN 126
- ETHN 134
- HIST 157
- MUS 110
- MUS 111
- MUS 115
- MUS 116
- MUS 117
- MUS 123
- PHOT 154
- THTR 101
- THTR 110
- THTR 144
- THTR 205

3B: HUMANITIES

- ARBC 121
- ARBC 123
- ARBC 148
- ARBC 220
- ARBC 221
- ASL 121
- ASL 140
- ASL 220
- ASL 221
- COMM 144
- ENGL 201
- ENGL 203
- ENGL 215
- ENGL 217
- ENGL 218
- ENGL 219
- ENGL 221
- ENGL 222
- ENGL 231
- ENGL 232
- ENGL 236
- ENGL 237
- ENGL 238
- ENGL 271
- ENGL C1002[^]
- ESL 115
- ETHN 135
- ETHN 138
- ETHN 144
- ETHN 236
- ETHN 237
- ETHN 238
- ETHN 239
- FREN 121
- FREN 152
- FREN 220
- FREN 221
- GERM 121
- GERM 220
- GERM 221
- HIST 100
- HIST 101
- HIST 103
- HIST 105
- HIST 106
- HIST 126
- HIST 135
- HIST 136
- HIST 137
- HIST 148
- HIST 170
- HUM 110
- HUM 120
- HUM 125
- HUM 130
- HUM 135
- HUM 140
- HUM 160
- HUM 170
- JAPN 121
- JAPN 149
- JAPN 220
- JAPN 221
- PHIL 110
- PHIL 111
- PHIL 115
- PHIL 117
- PHIL 120
- PHIL 140
- PHIL 141
- PHIL 145
- PHIL 150
- PHIL 155
- PHIL 160
- PHIL 170
- RELG 110
- RELG 120
- RELG 130
- RELG 135
- RELG 140
- RELG 150
- RELG 165
- RELG 170
- SPAN 121
- SPAN 220
- SPAN 221
- THTR 143
- THTR 144

AREA 4 – SOCIAL AND BEHAVIORAL SCIENCES

4: Select two courses from two disciplines. A minimum of 6 semester units.

- ANTH 120
- ANTH 122
- ANTH 127
- ANTH 140
- AOJ 110
- CD 115
- CDEV C1000[^]
- COMM 124
- COMM 144
- ECON 110
- ECON 125
- ECON 135
- ECON 261
- ECON C2001[^]
- ECON C2002[^]
- ETHN 107
- ETHN 114
- ETHN 115
- ETHN 118
- ETHN 119
- ETHN 125
- ETHN 127
- ETHN 128
- ETHN 130
- ETHN 131
- ETHN 135
- ETHN 137
- ETHN 143
- ETHN 144
- ETHN 145
- ETHN 150
- ETHN 160
- ETHN 161
- ETHN 180
- ETHN 181
- ETHN 201
- FS 115
- FS 120
- GEND 116
- GEND 117
- GEND 154
- GEND 155
- GEOG 100
- GEOG 101
- GEOG 106
- GEOG 130
- GEOG 170
- HIST 100
- HIST 101
- HIST 103
- HIST 105
- HIST 106
- HIST 107
- HIST 113
- HIST 114
- HIST 115
- HIST 118
- HIST 119
- HIST 122
- HIST 123
- HIST 124
- HIST 126
- HIST 130
- HIST 131
- HIST 136
- HIST 137
- HIST 148
- HIST 154
- HIST 155
- HIST 160
- HIST 161
- HIST 170
- HIST 172
- HIST 173
- HIST 180
- HIST 181
- HIST C1001[^]
- HIST C1002[^]
- MCOM 110
- POLS C1000
- POSC 120
- POSC 124
- POSC 130
- POSC 140
- POSC 145
- POSC 147
- POSC 148
- POSC 150
- POSC 155
- POSC 160
- PSY 125
- PSY 134
- PSY 138
- PSY 140
- PSY 150
- PSY 170
- PSY 211
- PSY 220
- PSYC C1000
- RELG 165
- RELG 175
- SOC 114
- SOC 125
- SOC 130
- SOC 138
- SOC 140
- SOC 150
- SOCI C1000[^]

¹ PHIL 125 does not meet the UC-E admission requirement; course should only be selected if CSU bound.

AREA 5 – PHYSICAL AND BIOLOGICAL SCIENCES

5A-5B: Select one course from each, at least one course from 5A or 5B must have a laboratory component; standalone labs are listed in **5C**. A minimum of 7 semester units. (*) Indicates that the course includes a laboratory.

5A: PHYSICAL SCIENCE

- ASTR 120
- ASTR C1001[^]
- CHEM 102*
- CHEM 110
- CHEM 113*
- CHEM 115*
- CHEM 116*
- CHEM 120*
- CHEM 141*
- CHEM 142*
- CHEM 231*
- CHEM 232*
- GEOG 120
- GEOG 140
- GEOL 104
- GEOL 110
- GEOL 121*
- GEOL 210
- OCEA 112
- PHYC 110*
- PHYC 130*
- PHYC 131*
- PHYC 201*
- PHYC 202*
- PHYC 203*
- PSC 100
- PSC 110
- SCI 110

5B: BIOLOGICAL SCIENCE

- ANTH C1001[^]
- BIO 105*
- BIO 110*
- BIO 112
- BIO 114
- BIO 118
- BIO 140*
- BIO 141
- BIO 152*
- BIO 230*
- BIO 240*
- BIOL C1000[^]*
- CHEM 117

5C: LABORATORY

- ANTH C1001L[^]
- ASTR C1001L[^]
- BIO 141L
- CHEM 113
- GEOG 121
- GEOL 111
- OCEA 113
- PSC 111

AREA 6 – ETHNIC STUDIES

6: Select one course. A minimum of 3 semester units.

- ENGL 236
- ETHN 107
- ETHN 114
- ETHN 236
- HIST 107
- SOC 114

OPTIONAL – LANGUAGE OTHER THAN ENGLISH (UC LOTE)

LOTE: Select one course. A minimum of 3 semester units. UC graduation requirement only.

- ARBC 120
- ARBC 121
- ARBC 122
- ARBC 123
- ARBC 220
- ARBC 221
- ARBC 250
- ARBC 251
- ASL 120
- ASL 121
- ASL 220
- ASL 221
- FREN 120
- FREN 121
- FREN 220
- FREN 221
- FREN 250
- FREN 251
- GERM 120
- GERM 121
- GERM 220
- GERM 221
- GERM 250
- GERM 251
- JAPN 120
- JAPN 121
- JAPN 220
- JAPN 221
- JAPN 250
- JAPN 251
- SPAN 120
- SPAN 121
- SPAN 122
- SPAN 123
- SPAN 220
- SPAN 221
- SPAN 250
- SPAN 251

OPTIONAL – US HISTORY, CONSTITUTION & AMERICAN IDEALS (AI)

AI: Select one to two courses. A minimum of 3-6 units. CSU graduation requirement only.

Option 1: Choose one course from List A and one course from List B.

List A:

- ETHN 107
- ETHN 118
- ETHN 130
- ETHN 180
- HIST 107
- HIST C1001[^]
- HIST 114
- HIST 118
- HIST 122
- HIST 130
- HIST 180
- REGL 165

LIST B:

- ETHN 119
- ETHN 131
- HIST C1002[^]
- HIST 119
- HIST 123
- HIST 124
- HIST 131
- POLS C1000
- POSC 140

Option 2: Choose one course from List A and one course from List B.

List A:

- POLS C1000
- RELG 175

List B:

- ETHN 107
- ETHN 118
- ETHN 119
- ETHN 130
- ETHN 181
- HIST 107
- HIST C1002[^]
- HIST 118
- HIST 119
- HIST 130
- HIST 181
- RELG 165

Option 3: Choose one course from List A.

List A:

- HIST 115

IMPORTANT INFORMATION

All Cal-GETC courses must be completed with a grade of "C" or better and carry a minimum 3 semester units. Courses must be approved for Cal-GETC during the academic year in which they are taken. Students are encouraged to meet with a counselor to develop a Comprehensive Educational Plan (CEP) for the most advantageous plan for transfer.

- (*) Indicates that the course includes a laboratory in Area 5A or 5B.
- (^) Indicates that the course is part of Common Course Numbering, Phase II, and has been updated to a common prefix and number. More info: <https://www.gcccd.edu/ccn/index.php>.
- UC credit may be limited. (1) UC may not award credit for introductory courses taken after more advanced coursework in the same subject area, (2) credit may be limited for courses with overlapping content, and (3) duplicate credit will not be awarded for both the honors and non-honors versions of the same course.
- Courses taken at regionally accredited colleges or universities that are not part of the California Community College system can meet general education requirements for Cal-GETC. Approval of Cal-GETC placement is done by the Articulation Officer, M. Denise Aceves, via the "Pass Along" review process.
- Certification is a UC [admission](#) requirement and students must request certification from the Grossmont College Office of Admissions & Records.
- Requirements and articulation are subject to change. Consult with a counselor regarding which catalog year may be most beneficial and appropriate (i.e., if you are eligible or have questions about using CSU GE-Breadth or IGETC patterns).

***Disclaimer:** Every effort has been made to ensure this information is accurate and current; however, this document is an advising tool and is unofficial. Official information can be verified through [ASSIST](#) and [ICAS Standards, Policies, and Procedures](#).