



# GROSSMONT COLLEGE

## PLAN A: ASSOCIATE DEGREES – AA/AS

### 2025-2026

Name: \_\_\_\_\_ Student ID: \_\_\_\_\_ Major & Transfer University: \_\_\_\_\_

<b>Attention Students:</b> This document is a <i>Counselor tool</i> used <i>with</i> students to develop comprehensive educational plans (CEP). The General Education Requirements outlined below are effective as of Fall 2025. Eligible continuing students may follow the general education pattern in the catalog under which they enter, or any subsequent catalog, as long as they maintained continuous enrollment.			
<b>C=Completed, IP=In progress, N=Need</b>	<b>C</b>	<b>IP</b>	<b>N</b>
<b>AREA 1 – English Composition, Oral Communication, and Critical Thinking</b> (Select two courses, one from each area — 6 semester or 8 quarter units)			
<b>1A ENGLISH COMPOSITION</b>  English (ENGL) C1000^, C1001^; English as a Second Language (ESL) 122  Other College Course _____ (AP) _____			
<b>1B ORAL COMMUNICATION AND CRITICAL THINKING</b>  Communication (COMM) C1000^, 120, 130, 137, 145; Geography (GEOG) 104; Philosophy (PHIL) 125  Other College Course _____			
<b>AREA 2 – MATHEMATICAL CONCEPTS AND QUANTITATIVE REASONING</b> (Select one course — 3 semester or 4 quarter units)			
<b>2</b> Anthropology (ANTH) 215*; Biology 215; CSIS 240, 290, 293, 250; Economics 215; Mathematics 120, 125, 126, 170, 175, 176, 178, 180, 245, 280, 281, 284, 285; Philosophy 130; Physical Science (PSC) 120; Psychology 215*; Sociology 215*; Statistics C1000^  Other College Course _____ (AP/CLEP/IB) _____			
<b>AREA 3 – ARTS AND HUMANITIES</b> (Select one course — 3 semester or 4 quarter units)			
<b>3</b> American Sign Language (ASL) 120, 121, 140, 220, 221; Arabic (ARBC) 120, 121, 122, 123, 148, 220, 221, 250, 251; Art (ART) 100, 120, 124, 126, 129, 140, 141, 142, 143, 145, 146, 147, 171; Chinese (CHIN) 120, 121, 220, 221, 250, 251; Dance 110, 120; Communication (COMM) 135, 144; English (ENGL) 122, 126, 134, 135, 136, 137, 201, 203, 215, 217, 218, 219, 221, 222, 231, 232, 236, 237, 238, 239, 271, 277; English as a Second Language (ESL) 115; Ethnic Studies (ETHN) 126, 127, 134, 143, 144, 236, 237, 238, 239; French (FREN) 120, 121, 152, 220, 221, 250, 251; German (GERM) 120, 121, 220, 221, 250, 251; History (HIST) 100, 101, 103, 105, 106, 113, 126, 135, 136, 137, 148; Humanities (HUM) 110, 120, 125, 130, 135, 140, 160, 170; Italian (ITAL) 120, 121, 220, 221, 250, 251; Japanese (JAPN) 120, 121, 149, 220, 221, 250, 251; Media Communications (MCOM) 111; Music (MUS) 110, 111, 115, 116, 117, 123, 189; Philosophy (PHIL) 110, 111, 115, 117, 140, 141, 145, 150, 155, 160; Photography (PHOT) 150, 154; Religious Studies (RELG) 110, 120, 130, 140, 150, 170; Russian (RUSS) 120, 121, 220, 221, 250, 251; Spanish (SPAN) 120, 121, 122, 123, 141, 145, 220, 221, 250, 251; Theater Arts (THTR) 101, 110, 130, 143, 144, 205  Other College Course _____ (AP/CLEP/IB) _____			
<b>AREA 4 – SOCIAL AND BEHAVIORAL SCIENCES</b> (Select one course — 3 semester or 4 quarter units)			
<b>4</b> Administration of Justice (AOJ) 110; Anthropology (ANTH) 120, 122, 127, 140; Child Development (CD) 115, 125, 131, 134, 145, 153; Communication (COMM) 124, 126, 128; Economics (ECON) 110, 120, 121; Ethnic Studies (ETHN) 107, 114, 115, 118, 119, 125, 128, 130, 131, 135, 137, 138, 145, 160, 161, 180, 181; Family Studies (FS) 115, 120; Gender Studies (GEND) 116, 117, 154, 155; Geography (GEOG) 100, 101, 106, 130, 170; Health Education (HED) 120, 201; History (HIST) 107, 108, 109, 114, 115, 118, 119, 122, 123, 124, 130, 131, 154, 155, 160, 161, 180, 181; Media Communications (MCOM) 110, 210, 250; Nutrition (NUTR) 155, 158, 159; Political Science (POSC) 120, 124, 130, 140, 150, 160; Political Science (POLS) C1000^; Psychology (PSY) 125, 132, 134, 138, 140, 150, 170, 211, 220; PSYC C1000^; Religious Studies (RELG) 165, 175; Sociology (SOC) 114, 120, 125, 130, 138, 140, 150  Other Accredited College _____ Advanced Placement (AP/CLEP/IB) _____			

C=Completed, IP=In progress, N=Need		C	IP	N
<b>AREA 5 – NATURAL SCIENCES AND LABORATORY</b> (Select ONE to TWO courses; lecture must correspond to the lab; 1-2 courses - 4 semester or 6 quarter units)				
5	<b>NON-LAB COURSES UNDERLINED</b>  <b>Anthropology (ANTH)</b> <u>130</u> , 131; <b>Biology (BIO)</b> 105, 110, <u>112</u> , <u>114</u> , <u>118</u> , 120, 140, <u>141</u> , 141L, 144, 145, 152, 230, 240; <b>Astronomy (ASTR)</b> <u>110</u> , 112; <u>120</u> ; <b>Chemistry (CHEM)</b> 102, <u>110</u> , 113, 115, 116, 117, 120, 141, 142, 231, 232 ; <b>Geography (GEOG)</b> <u>120</u> , 121, <u>140</u> ; <b>Geology (GEOL)</b> <u>104</u> , <u>110</u> , 111, 121, <u>210</u> , <u>220</u> , <u>230</u> ; <b>Oceanography (OCEA)</b> <u>112</u> , 113; <b>Physical Science (PSC)</b> <u>100</u> , <u>110</u> , 111; <b>Physics (PHYC)</b> 110, 130, 131, 201, 202, 203; <b>Science</b> <u>110</u>  Other College Course _____ (AP/CLEP/IB) _____			
<b>AREA 6 – ETHNIC STUDIES</b> (Select one course — 3 semester or 4 quarter units)				
6	<b>English (ENGL)</b> 236; <b>Ethnic Studies (ETHN)</b> 107, 114, 236; <b>History (HIST)</b> 107; <b>Sociology (SOC)</b> 114  Other College Course _____			
<b>AREA 7 - LIFELONG LEARNING, WELLNESS, AND EXERCISE SCIENCE</b> (Select one course from each area — 4 semester or 6 quarter units)				
7A	<b>LIFELONG LEARNING AND WELLNESS</b> <b>Business (BUS)</b> 195; <b>Child Development (CD)</b> 125, 145; <b>Counseling (COUN)</b> 120; <b>English (ENGL)</b> 219; <b>Ethnic Studies (ETHN)</b> 127; <b>Family Studies (FS)</b> 110, 120, 129; <b>Health Education (HED)</b> 120, 201; <b>Nutrition (NUTR)</b> 155, 158, 159, 255; <b>Psychology (PSY)</b> 132, 134, 140, 150, 180, 220; <b>Sociology (SOC)</b> 125  Other College Course _____			
7B	<b>DANCE AND EXERCISE SCIENCE</b>  <b>Dance (DANC):</b> 068, 071A, 071B, 072A, 072B, 074A, 074B, 078A, 078B, 080A, 080B, 080C, 080D, 081A, 081B, 081C, 081D, 082A, 082B, 083A, 083B, 084A, 084B, 084C, 084D, 088A, 088B, 088C, 088D, 094A, 094B, 094C, 094D, 099A, 099B, 099C, 118A, 118B, 118C, 118D <b>Exercise Science (ES):</b> 001, 002, 003, 004A, 004B, 004C, 005A, 005B, 005C, 006A, 006B, 006C, 007A, 007B, 007C, 008A, 008B, 008C, 009A, 009B, 009C, 016A, 016B, 016C, 017A, 017B, 017C, 021A, 021B, 021C, 022, 023A, 023B, 023C, 024A, 024B, 024C, 026, 027A, 027B, 027C, 028A, 028B, 028C, 029, 030, 035, 037A, 037B, 037C, 039, 040A, 040B, 040C, 041, 043A, 043B, 043C, 044A, 044B, 044C, 060A, 060B, 060C, 061A, 061B, 061C, 076A, 076B, 076C, 125A, 125B, 125C, 130A, 130B, 130C, 155A, 155B, 155C, 170A, 170B, 170C, 171A, 171B, 171C, 172A, 172B, 172C, 175A, 175B, 175C, 176A, 176B, 176C, 180, 185A, 185B, 185C, 203, 206, 209, 210, 212, 215, 218, 221, 224, 228, 230, 233, 236  Other College Course _____			
<b>IMPORTANT ASSOCIATE DEGREE INFORMATION</b>				
<ul style="list-style-type: none"> <li>A GPA of 2.0 is required to confer an AA or AS degree ("C" average or better overall).</li> <li>Declare a major, whether it be a general studies or a specific major (i.e., Child Development, Nursing, Administration of Justice, etc.).</li> <li>Complete at least 60-degree applicable college units.</li> <li>Complete general educational requirements, Plan A: AA/AS or Plan B: Cal-GETC.</li> <li>Complete major coursework.</li> <li>Send all official transcripts from other colleges to Admissions and Records the semester before you apply for graduation.</li> <li>It is recommended that you apply for graduation as soon as you have registered for your final courses needed to meet degree requirements. Check graduation application deadline date in college catalog or semester class schedule.</li> <li>(*) Indicates cross-listed courses; they are identical courses for all intents and purposes.</li> <li>^ Indicates that the course is part of AB 1111- Common Course Numbering and has been updated to a common prefix and number. For more information contact the Counseling Center or visit this website: <a href="https://www.gcccd.edu/ccn/index.php">https://www.gcccd.edu/ccn/index.php</a> .</li> <li>Non-Degree Credit courses/Non-credit courses do not meet any of the Associate Degree requirements.</li> </ul> <p><b>*Disclaimer: Every effort has been made to ensure that this information is accurate and timely. However, the official college document is the Grossmont College Catalog 2025-2026. This advising sheet is a Counselor tool to be used with students.</b></p>				

MAJOR COURSES:		

NOTES: