

The OTA Program

The Occupational Therapy Assistant Program at Grossmont College teaches students to provide services to those individuals whose abilities to cope with tasks of living are threatened or impaired by developmental deficits, the aging process, poverty, cultural differences, physical injury or illness, or psychological and social disability.

Occupational Therapy serves a diverse population in a variety of settings such as hospitals and clinics, rehabilitation facilities, long-term care facilities, extended care facilities, sheltered workshops, schools and camps, private homes, and community agencies.

Licensed Occupational Therapy Assistants (OTAs) work under the direct supervision of licensed Occupational Therapist (OTs) to provide all levels of patient treatment. OTAs assist OTs in assessing patient needs, determining therapeutic goals, planning and implementing treatment activities, communicating with patients and health care providers and documenting patient progress. They utilize purposeful activities, manual and creative arts, to help patients achieve their highest level of function.

The Occupational Therapy Assistant Program prepares the student for an Associate in Science Degree. In addition to the major coursework, the major requires selected general education courses from the biological, social, and behavioral sciences. OTA major coursework is offered evenings only. Level I and II fieldwork experiences are available daytime only. **All GE coursework must be completed before prior to OTA 240 and OTA 241.**

EMPLOYMENT OPPORTUNITIES

Students today can look forward to dynamic careers working in multiple settings with people of all ages. And the employment outlook for occupational therapy assistants is bright! Recent information published by the U.S. Department of Labor's Bureau of Labor Statistics reveals that the job outlook for occupational therapy assistants will continue to improve steadily for the foreseeable future. Specifically, it states that: <https://www.bls.gov/ooh/healthcare/occupational-therapy-assistants-and-aides.htm#tab-6>

IMPORTANT: Students accepted to the OTA Program are required to undergo a total of 2 background checks and urine drug screening tests. Once prior to starting the program and being placed at any clinical site and again during the 2<sup>nd</sup> year of the program. Students are responsible for a minimum cost for these procedures. Failure to pass either or both of these procedures, or any prior convictions of a misdemeanor or felony may interfere with acceptance to the program, clinical placement, NBCOT testing, eligibility for state licensure or securing employment. The OTA Program cannot advise students on individual background checks or drug screens. Applicants are urged to visit the Occupational Therapy Board of California website at <https://www.bot.ca.gov/applicants/index.shtml>, or call 916-263-2294 and the National Board for Certification in Occupational Therapy at 301-990-7979 for more information.

Prerequisites

The Occupational Therapy Assistant Program admits a limited number of students every summer semester. To be eligible to apply for the program, the following must be completed:

- 1. High School graduation, equivalency, or a higher degree.
- 2. Required immunizations. Completion of the HepB series and a test for immunity, or a positive Hep B immunity test. Tdap, MMR series and Varicella series. All have specific requirements, refer to the program website for detailed information.
- 3. Completion of Anatomy and Physiology. Anatomy and the combined Anatomy and Physiology I and II to be completed with a grade of “C” or higher and must include a lab. Physiology (Bio 141) does not require a separate lab course. Courses taken for the OTA major must be taken at a regionally accredited institution.
  - a. Anatomy and Physiology (Bio 140, 141 or Bio 144 and 145)

Science recency requirement- Anatomy or Anatomy and Physiology II must be completed within 5 years of the application date.

If taking the science prerequisites as a series (offered as part I and part II), applicants are strongly encouraged to complete the entire series at the college in which they started part I. This enables the student to maintain continuity with course content.

Prospective students may submit a completed application packet throughout the year once prerequisites and required immunizations are complete. Official sealed transcripts for prerequisites of anatomy and physiology must be sent to the OTA program directly from the institution you attended either by postal mail, electronic submission through institution, or transcript service. If courses were taken at Grossmont or Cuyamaca College, transcripts do not have to be included. You must also apply to Grossmont College and send 1 set of transcripts for all colleges attended to Admissions and Records when applying to the OTA Program.

The program application and accompanying forms can be found on the website. Additional requirements will be needed when accepting an invitation to the program, specific information will be provided to the student on acceptance. It is strongly recommended that students complete their General Education requirements prior to being accepted in the program.

For more information on prerequisites, structure of the Program, employment opportunities and career paths, or to attend a program preview, visit the OTA website: [www.grossmont.edu/ota](http://www.grossmont.edu/ota) **For information about General Education requirements or to develop an educational plan, contact the Grossmont College Counseling Department at: 619-644-7208 for an appointment with a Counselor or to find out more about walk-in services.**

Questions?

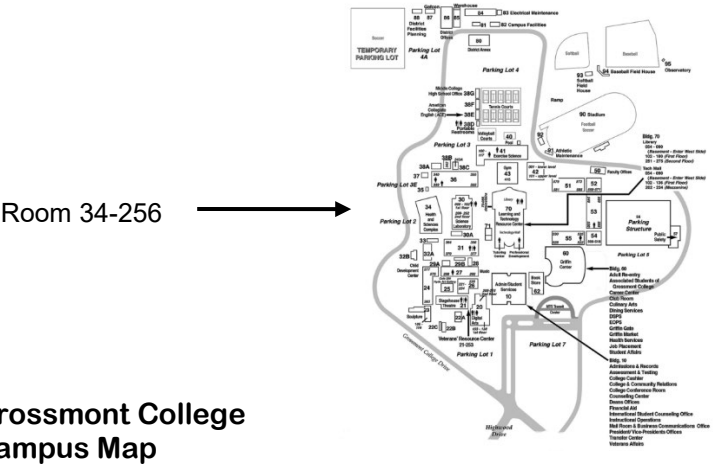
Occupational Therapy Assistant Program  
GROSSMONT COLLEGE  
8800 Grossmont College Drive  
El Cajon, CA 92020  
(619) 644-7304  
Email: [Grossmont.OTA@gcccd.edu](mailto:Grossmont.OTA@gcccd.edu)  
[www.grossmont.edu/OTA](http://www.grossmont.edu/OTA)  
Office Hours: Monday-Friday 8:00 a.m. to 4:30 p.m.

Grossmont College



Occupational Therapy Assistant  
Associate in Science Degree  
2024-2025

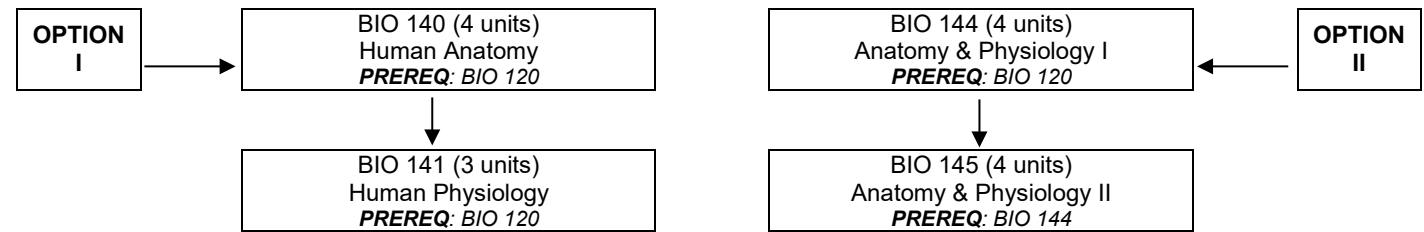
- Prerequisites/Information
- Major Requirements
- General Education Requirements
- All Allied Health and Nursing students adhere to the graduation requirements outlined in the college catalog for the academic year in which they enter the program
- [www.grossmont.edu/OTA](http://www.grossmont.edu/OTA)



Grossmont College  
Campus Map

Sequence of Prerequisite Courses

OTA students have **two** options for completing the biology prerequisite courses. See **Option I** or **Option II** as described below.



Sequence of Major Courses

Semester 1 Summer OTA 102 – 2 units

Semester 2 Fall	
Subject & No.	Units
OTA 100	2
OTA 101	2
OTA 110	4
OTA 111	1
Total	9

Semester 4 Summer OTA 200 – 3 units

Semester 5 Fall	
Subject &No.	Units
OTA 210	3
OTA 220	3
OTA 221	1
OTA 230	2
Total	9

Semester 3 Spring	
Subject & No.	Units
OTA 120	3
OTA 130	4
OTA 140	3
OTA 141	1
Total	10

Semester 6 Spring	
Subject & No.	Units
OTA 240	6
OTA 241	6
Total	12

NOTE: Program requirements must be completed with a grade "C" or better.

*\*Disclaimer: Every effort has been made to ensure that this information is accurate and timely. However, the official college document is the Grossmont College Catalog 2024-2025.*

Date:\_\_\_\_\_

OCCUPATIONAL THERAPY ASSISTANT  
ASSOCIATE IN SCIENCE DEGREE  
General Education Requirements for Occupational Therapy Assistant Students Only  
Grossmont College

This general education applies to students entering the Grossmont College Occupational Therapy Assistant program for the **2024-2025 academic year**.

NAME \_\_\_\_\_ COUNSELOR \_\_\_\_\_

**AREA A – LANGUAGE AND RATIONALITY (minimum 9 units)**  
Complete three courses, one course from A1, A2, and A3.

- A1: Written Communication\* – English 120, 124; English as a Second Language 122
- A2: Oral Communication – Communication 120, 122, 130
- A3: Analytical Thinking\* - Geography 104; Mathematics 120, 125, 126, 160, 170, 175, 176, 178, 180, 245, 280, 281, 284, 285; \*\*Philosophy 125, 130; Physical Science 120, Statistics: Anthropology 215, Biology 215, Economics 215, Math 160, Psychology 215, Sociology 215

**\*\*Students using PHIL 125 or 130 to meet the Analytical Thinking requirement must still meet the Math competency requirement to graduate. Competency requirements are located in the college catalog.**

**\*A1 and A3 must be completed with a grade of “C” or better, or “P” to satisfy competency requirement.**

**AREA B - NATURAL SCIENCES (minimum 7 units)**  
Complete *one* Anatomy & Physiology sequence.

**Section 1: Biology** (140 and 141) OR (144 and 145)

**Complete Biology courses with a “C” grade or higher.**

**AREA C - HUMANITIES (minimum 3 units)**  
Complete one course.

**American Sign Language** 120, 121, 140, 220, 221, 250; **Arabic** 120, 121, 122, 123, 148, 220, 221, 250, 251; **Art** 100, 120, 124, 126, 129, 140, 141, 142, 143, 145, 146, 147, 171; **Chinese** 120, 121, 220, 221, 250, 251; **Communication** 135, 137, 144, 145; **Dance** 110, 120; **English** 122, 126, 134, 135, 136, 137, 201, 203, 215, 217, 218, 219, 221, 222, 231, 232, 236, 237, 238, 239, 271, 277; **ESL** 115; **Ethnic Studies** 126, 127, 134, 143, 144, 236, 237, 238, 239; **French** 120, 121, 152, 220, 221, 250, 251; **German** 120, 121, 220, 221, 250, 251; **History** 100, 101, 103, 105, 106, 113, 126, 135, 136, 137, 148; **Humanities** 110, 120, 125, 130, 135, 140, 160, 170; **Italian** 120, 121, 220, 221, 250, 251; **Japanese** 120, 121, 149, 220, 221, 250, 251; **Media Communications** 111; **Music** 110, 111, 115, 116, 117, 123, 189; **Philosophy** 110, 111, 112, 114, 116, 118, 140, 141, 145, 150,155, 160; **Photography** 150, 154; **Religious Studies** 110, 120, 130, 140, 150, 170; **Russian** 120, 121, 220, 221, 250, 251; **Spanish** 120, 121, 122, 123, 141, 145, 220, 221, 250, 251; **Theatre Arts** 101, 110, 130,143, 144, 205

**AREA D - SOCIAL SCIENCES (minimum 3 units)**  
Complete one course.

**Child Development** 125, 131; **Ethnic Studies** 125; **Family Studies** 120; **Psychology** 120, 125

**Course is required for the major and must be completed with a “C” grade or higher.**

**AREA E – FITNESS AND WELLNESS**  
Minimum two courses.

**Dance:** 68, 71A, 71B, 72A, 72B, 74A, 74B, 78A, 78B, 80A, 80B, 80C, 80D, 81A, 81B, 81C, 81D, 82A, 82B, 83A, 83B, 84A, 84B, 84C, 84D, 88A, 88B, 88C, 88D, 94A, 94B, 94C, 94D, 99A, 99B, 99C, 118A, 118B, 118C, 118D  
**Exercise Science:** 1, 2, 3, 4A, 4B, 4C, 5A, 5B, 5C, 6A, 6B, 6C, 7A, 7B, 7C, 8A, 8B, 8C, 9A, 9B, 9C, 16A, 16B, 16C, 17A, 17B, 17C, 21A, 21B, 21C, 22, 23A, 23B, 23C, 24A, 24B, 24C, 26, 27A, 27B, 27C, 28A, 28B, 28C, 29, 30, 35, 37A, 37B, 37C, 39, 40A, 40B, 40C, 41, 43A, 43B, 43C, 44A, 44B, 44C, 60A, 60B, 60C, 61A, 61B, 61C, 76A, 76B, 76C, 83A, 83B, 125A, 125B, 125C, 130A, 130B, 130C, 155A, 155B, 155C, 170A, 170B, 170C, 171A, 171B,171C, 172A, 172B, 172C, 175A, 175B, 175C, 175A, 176A, 176B, 176C, 180, 185A,185B, 185C

**Important Information: *All Allied Health and Nursing students adhere to the graduation requirements outlined in the college catalog for the academic year in which they enter the program.***