

Interventions for Academic Probation 2 students during Spring2024

Andrew Hellier
Student Success Liaison

Karolia Macias
Counseling Faculty



G R O S S M O N T
C O L L E G E



The process



Collaboration

Student Success Liaison (Andrew) and Counselor (Karo) decided to collaborate to reach out to students on academic probation two since there were no interventions for these students.

The reason is that these students will be on academic dismissal at the end of SP24 if their overall GPA is not 2.0.



Process

Needed a list of students to reach out to since we didn't have access to students on academic probation 2.

The Dean of First Year Services & Retention (Courtney Willis) asked for the list of students and was able to provide it four weeks later.



Intervention

The team decided to provide Back on Track workshops to students and schedule counseling appointments for those who attended a workshop as a follow-up.

Reaching out to Students Strategy 1



Emailed students regarding the workshops

Subject line: Join us at our Back on Track Workshops



After the email was sent, Andrew would text students using the Remind app to see if we had more engagement from students.



Few students responded to the first attempt

Reaching out to Students Strategy 2



The following emails & text messages were sent with a tough-love approach

Subject line: You are at risk to not be able to take courses for one full year



We had more engagement from students that registered for a workshop

Outcomes



Workshops

Workshops were available in person and via Zoom at different times of the day, on weekends, and at night (8-9 pm - 9-10 pm), with the hope that students would attend.



Attendance

Unfortunately, attendance was meager. Of 451 students, we had a 17% attendance rate.

Even when late and weekend workshops were offered, students were not attending!

Student Voices



Student obstacles

Financial barriers

Disqualified from Financial Aid- can't pay for books, I had to drop my classes.

Housing Problems

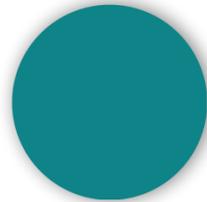
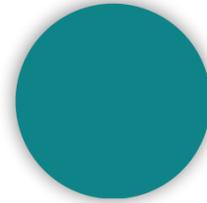
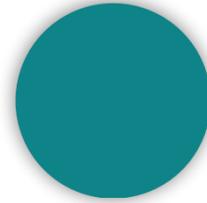
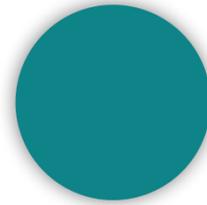
Many students are housing insecure. This creates a major challenge to keeping up with coursework.

No guidance how college works

Undecided, lack of motivation, lack of knowledge on counseling services

Overwhelming

working too many hours, overthink



Students experiences

Stress

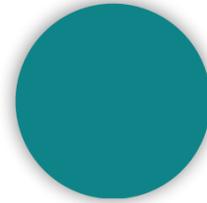
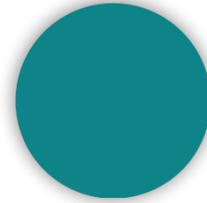
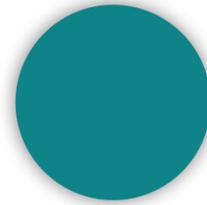
I was laid off 9/23- Family my husband is a disabled veteran. He is underage kidney failure and was diagnose with stage 2 cancer on 5/23. When he has bad days it affects everything.

Money Stress

San Diego is expensive! I am unable to afford books, technology, transportation, housing, and everything else necessary for college success. I have been having difficulty trying to apply for jobs.

Family Obligation/Mental Health

I didn't know how college works and nor did my parents, and they pressured me into taking classes I know I wouldn't be good at. It was also the time I had a decline in mental health after graduating HS



Challenges

List of Students

We don't have access to the students on academic probation to reach out to them on time.

Moreover, the list tends not to be disaggregated and doesn't have whether the students are part of a program/affinity group. (EOPS/UMOJA/puente).

Lack of Student Response

We tried to reach out to students via email and text message and very little engagement occurred.

Students don't need to attend the workshop and this may be a reason for lack of engagement (among other reasons).

it is hard to have students participate when there is no "carrot" or is not mandatory.



Lack of Technology - Early Alert

We don't have access to software that can help us keep track of students or reach out to them early on.



Case Management

We don't capacity to do case management for all students on academic probation.

- Only 2 Academic Success Liaison
- One counselor assisting on the effort

Questions?



Thank You

