



Agenda

SELF-

ACTUALIZA-

morality, creativity, spontaneity, acceptance, experience purpose, meaning and inner potential

SELF-ESTEEM

confidence, achievement, respect of others, the need to be a unique individual

LOVE AND BELONGING

riendship, family, intimacy, sense of connection

SAFETY AND SECURITY

ealth, employment, property, family and social abilt

PHYSIOLOGICAL NEEDS

reathing, food, water, shelter, clothing, sleep

- \star Introduction
- * Who we serve
- * Resources
- * Cal Fresh
- * Case Management
- * Faculty/ Staff Involment
- * Questions?



Who we serve

2

We assist on average 100 students a week

3

We are enrolling new students every week



Health-Science Students

Student Athletes

ALL Students/
Current members
of the Grossmont
College Community

LGBTQIA+++



Refugee Students "Non-Traditional" Students African American/ Black Students

Res	ources		Weekly Pre-Packaged Food Bags	Cal Fresh Application Assistance
	Gas Cards	Monthly Basic Needs Resource Fair	Transportation Passes	School Supplies
	Grocery Cards	CASE MANAGEMENT	Book Vouchers	Items for Housing Insecured Students
			Diapers	Hotel Vouchers

Cal Fresh Assistance/ Updates!



Cal Fresh Assistance Available every Tuesday from 11am-2pm/ RM 60-206



Programs that increase employability

CalFresh Eligibility
and Training
Program, including
Fresh Success
CalWORKS
Tribal TANF
Workforce Innovation
and Opportunity Act
(WIOA)



Apply now at students.getcalfresh.org/s/ccc

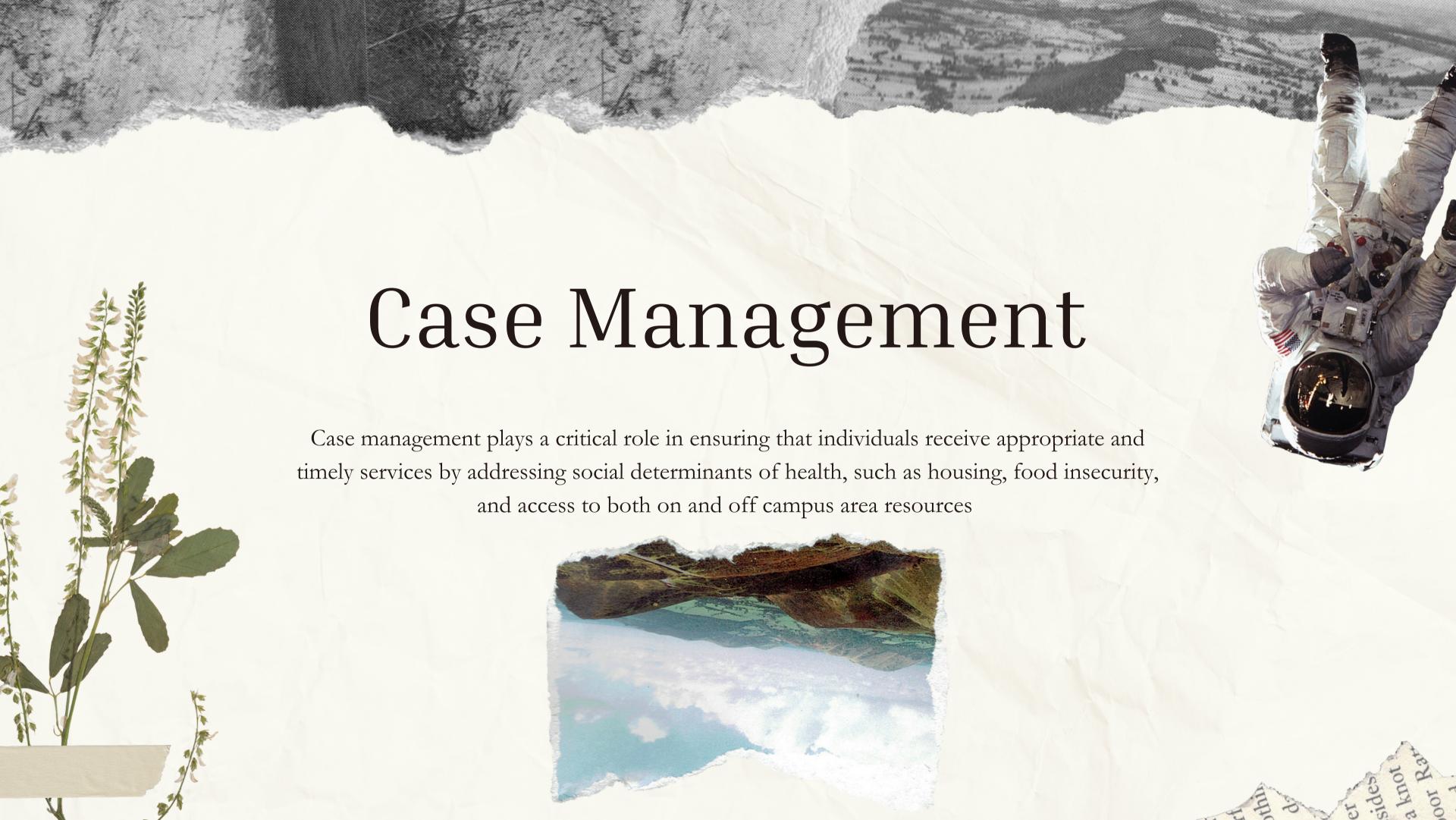




CalFresh is a monthly benefits program for food. If you're a student enrolled half-time or more, you might be eligible for CalFresh if ONE of the following apply:

- Work 20 hours/week; or an average of 80 hours/month
- Awarded work-study during the current academic year
- Approved for TANF-Funded Cal Grant A or B
- · Care for a child under the age of 6
- Be enrolled in an approved Career and Technical Education Program (Coming Fall 2022!)

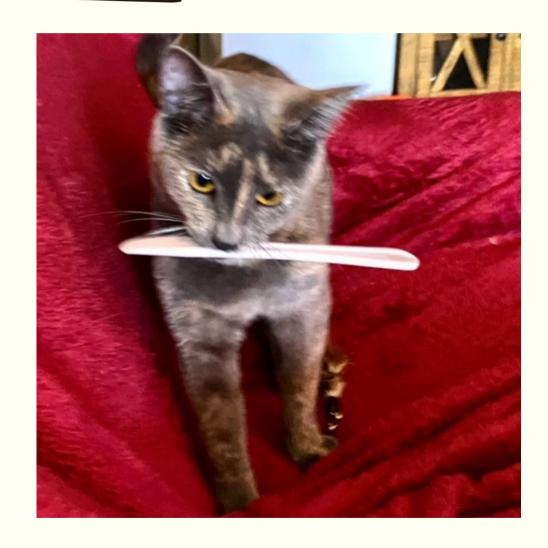
Applying online takes just a few minutes and if approved, you'll get money to purchase groceries via an Electronic Benefits Transfer (EBT) card every month that you are eligible.











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