

The purpose of renaming the Exercise Science and Wellness department to  
**Exercise Science, Nutrition, and Health**

Our department believes that the new name would better reflect the department's updated courses and degrees in nutrition and health. Here are a few reasons why we believe this change would be beneficial:

1. With the introduction of a Nutrition major in Fall 23, it would be appropriate to incorporate "nutrition" into the department's name. This adjustment would also assist students seeking a degree in Nutrition in recognizing the relevant department when they register for classes.
2. Helping students locate relevant courses: By adding "Nutrition and Health" to the department's name, students will know exactly where to look for courses related to those subjects. This will help them plan their schedules more efficiently.
3. Clarifying the meaning of "wellness": The term "wellness" can be vague and confusing, especially for those who see our department name as an acronym- ESW. Changing the department's name to include more specific terms like "nutrition" and "health" will provide more clarity about the department's courses it offers.

In summary, changing the name of the Exercise Science and Wellness department to Exercise Science, Nutrition, and Health would more accurately reflect the department's updated curriculum in nutrition and health, make it easier for students to find relevant courses, and provide greater clarity about the department's mission and goals.