Often I hear from students that they are “not very good at math”. Here is what I hear when you say this to me, “I will have to work harder than most other people”. I don’t doubt that some of you have had bad experiences in learning mathematics, but don’t get discouraged. These are not permanent issues and you CAN learn mathematics and even pursue careers involving heavy mathematics and/or science.

The first thing I want you to do is understand how you learn best. So, I want you to go to the following website; 
http://www.grossmont.edu/counseling/college_success/learningstyles.htm 
and do the Learning Style survey labeled A Learning Style Survey for College

Once you have taken the survey I want you to hand in a half page write up of:

1. What is your learning style?

2. What are some techniques/strategies that you can use to help you in your math class?