

**GROSSMONT COLLEGE  
NURSING PROGRAM**

**PHYSICAL EXAMINATION FORM**

(Form to be completed by Physician or Nurse Practitioner)  
(Exam must be completed within 6 months of beginning the program)

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Last First Middle

Height \_\_\_\_\_ Weight \_\_\_\_\_ Temp \_\_\_\_\_ BP \_\_\_\_\_ P \_\_\_\_\_ Resp \_\_\_\_\_ Sex \_\_\_\_\_ DOB \_\_\_\_\_

Vision: Last eye exam: \_\_\_\_\_ R \_\_\_\_\_ L \_\_\_\_\_ with glasses? \_\_\_\_\_ with contacts? \_\_\_\_\_

**HISTORY:** (Include any significant information regarding previous medical and surgical conditions, and use of alcohol, tobacco, and/or drugs).

**General Appearance:**

Normal	Abnormal	Check each item in appropriate column	Describe every abnormality in detail (attach sheet if necessary)
		Eyes-Ears-Nose-Throat	
		Mouth-Teeth-Neck	
		Thyroid	
		Heart and Vascular	
		Lungs	
		Abdomen and Viscera	
		Scars	
		Back, Vertebrae	
		Extremities	
		Skin	
		Neurological	
		Hernia (if indicated)	
		Rectal, Anus (if indicated)	
		Other:	
		Other:	

**Laboratory Data** (Specific lab findings, when necessary for diagnostic purposes).

Name of Test \_\_\_\_\_ Results \_\_\_\_\_

**RECOMMENDATIONS BASED ON YOUR PHYSICAL EXAMINATION**

Is applicant free of any restrictions in his/her ability to turn and/or move heavy objects?

Yes \_\_\_\_\_ No \_\_\_\_\_

If no, please describe:

Is the applicant able to see and hear adequately to practice a health care profession safely?

Yes \_\_\_\_\_ No \_\_\_\_\_

If no, please explain:

Is the applicant free of any pathological conditions, either physical or mental, which would interfere with the practice of a health profession?

Yes \_\_\_\_\_ No \_\_\_\_\_

If no, please describe:

**RECOMMENDATIONS:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

X \_\_\_\_\_  
Signature of Physician, Physician's Assistant or Nurse Practitioner

\_\_\_\_\_  
Date

**GROSSMONT COLLEGE  
NURSING PROGRAM  
8800 GROSSMONT COLLEGE DRIVE  
EL CAJON, CA 92020-1799  
(619)644-7301**

Attach business card or stamp from Physician  
or Nurse Practitioner here.