

Psychology 134
Human Sexuality

Add/drop deadline: **9/4/09**
 Withdrawal deadline: **11/12/09**

Grossmont College

Fall 2009

Section 4202

Fridays 9:00 - 11:50 AM

Credits: 3

Instructor

James D. Weinrich, Ph.D.

section4202@profjimw.com

An overview of the biological, psychological, and cultural aspects of human sexuality. Topics include historical influences and cultural variation, the development of sex roles and their influence on sexual behavior, the anatomy and physiology of the sexual organs and their response during sexual stimulation, the giving and receiving of sexual pleasure, methods of birth control, pregnancy and childbirth, sexually transmitted diseases, sexual dysfunctions, sexual variations, and coercive sexual behavior.

Satisfies General Education for CSU E. Transfers to: CSU, UC Developmental Psychology.

Prerequisites: None

Recommended preparation:

Corequisites: None

None

Textbook required:

Human Sexuality in a World of Diversity, 7th ed.
 Rathus, Nevid, and Fichner-Rathus
 Allyn and Bacon, 2007
 ISBN 0-205-53291-8 (hardcover)
 ISBN 0-205-52312-9 (paperback)

Textbook optional:

Grade Aid Workbook for Human Sexuality in
 a World of Diversity
 Rathus & Nevid
 Allyn and Bacon, 2007
 ISBN 0-205-58260-5

Special materials required:

- 5 answer sheets for exams
 GradeMaster 25420 preferred; Scantron 882-E also OK. Buy the A-B-C-D-E version, NOT the 1-2-3-4-5 version!
- Bring #2 pencil to each exam

Methods of evaluation:

- Four interim exams, each covering 4 to 6 chapters' worth of material. Each will be designed to be answered in about 45 minutes by a good student.
- One final exam, which can NOT be skipped. In combination with Exam 4, it will be comprehensive, covering all chapters and lectures. (This is an official College requirement.)
- Brief quizzes, one per chapter, testing whether you have done the reading (see Homework section on the Policies page)
- Classroom attendance and participation (13 classes for fall semester)
- Homework and handouts (approx. 5 items)

120 points -- Exam I	135 points -- Attendance and class participation
120 points -- Exam II	85 points -- Quizzes
120 points -- Exam III	100 points -- Homework/handouts
120 points -- Exam IV	<u>-120 points -- Drop lowest exam</u>
120 points -- Final Exam	800 points -- Total

A = 800-720; B = 719-640; C = 639-560; D = 559-480; F = 479-0

CLASS SCHEDULE

		Quizzes, exams, etc.
August 28	Introduction: Why study human sexuality? Movie and discussion: "Kinsey"	
September 4	Syllabus discussion Homework: "Talking about sex" What is human sexuality and sex research? Lovemaps and imprinting — Theories of sexual arousal	Syllabus quiz Homework 1 Quiz chapters 1 - 2
September 11	Biology / anatomy / physiology of human sexuality What is normal?	Quiz chapters 3 - 4
September 18	Homework: "Lines" Sexual arousal and response Sexual behavior	Homework 2 Quiz chapter 5 Quiz chapter 9
September 25	Exam review (Millionaire 1) Exam 1 covering chapters 1, 2, 3, 4, 5, 9 Guest speaker (Travis)	Exam 1
October 2	Gender identity and gender roles Homework: "Babies" Video: Phil Donahue Show	Quiz chapter 6 Homework 3
October 9	Sexual orientation Homework: "Definition of sexual orientation"	Quiz chapter 10 Homework 4
October 16	Sexuality in childhood and adolescence Sexuality in adulthood	Quiz chapter 13 Quiz chapter 14
October 23	Exam review (Millionaire 2) Exam 2 covering chapters 6, 10, 13, 14 Contraception and abortion (Ann Guarino, guest speaker)	Exam 2
October 30	Contraception and abortion Sexually transmitted infections	Quiz chapter 12 Quiz chapter 16
November 6	Movie and discussion: "The Miracle of Birth" (BBC) Attraction and love (bonding) Pregnancy and birth Sperm competition	Quiz chapter 7 Quiz chapter 11
Nov. 13	<i>HOLIDAY -- Veterans' Day</i>	<i>HOLIDAY</i>
November 20	Exam review (Millionaire 3) Exam 3 covering chapters 12, 16, 7, 11 Guest speakers (Dave and Chrissy) Homework: Trying Something New / What's My Lovemap?	Exam 3 Homework 5 <i>HOLIDAY</i>
Nov. 27	<i>HOLIDAY -- Thanksgiving</i>	
December 4	Legal sexual variations (paraphilias and lovemaps) Illegal sexual variations (pedophilia, sexual assault, etc.) In-class exercise: Mr. Victor	Quiz chapter 17 Quiz chapter 18
December 11	Sexual dysfunctions and sex therapy Commercial sex (Video: Nevada brothels) Exam review (Millionaire 4)	Quiz chapter 15 Quiz chapter 19
December 18 10 AM - noon	Exam 4 covering chapters 17, 18, 15, 19 Exam review (Jeopardy) FINAL EXAMINATION (other 14 chapters)	Exam 4 Final exam

Note: Chapter 8 will mostly be skipped. Parts may be covered elsewhere.

Course objectives

The student will:

- Identify, describe, and explain how historical developments, social structures and cultural contexts shape human sexuality.
- Describe and explain the biological, anatomical, and physiological aspects of both human sexuality and human reproduction.
- Compare and contrast the research methods used in psychology for the study of human sexuality.
- Identify, describe, compare and contrast the main theoretical frameworks in psychology for the study of human sexuality.
- Analyze how gender influences sexual behavior.
- Review and synthesize the current scientific literature on sexual orientation.
- Evaluate current methods of contraception and other reproductive technologies.
- Identify the symptoms, methods of transmission, and treatment of sexually transmitted diseases including AIDS.
- Analyze current practices in sex therapy.
- Review and synthesize the current research literature on rape and sexual assault.
- Examine historical and cultural variations on sexual morality

Student learning objectives (SLOs): Students will:

- Use a critical analysis of the scientific method as a basis for evaluating sexual information and concepts.
- Explain the biological, cultural and social dimensions of human sexual and reproductive behavior.

POLICIES

Attendance

Attendance is critical to teaching and learning. Every student is expected to attend each meeting, to arrive on time, and to stay for the full class period. Arriving late or leaving early will result in a half-day absence being recorded. Additionally, arriving late may mean that you miss a quiz. You will be dropped from the class roll for excessive absences, as per College policy. Typically, absences totaling more than **4 classroom hours** will be considered excessive. Certain activities (see Classroom Behavior) can cause you to be required to leave the classroom (disruptive activities, cellphone interruptions, etc.); these will be counted as an absence.

Drop / Withdraw

The College has very well described policies and **deadlines** for dropping this class (see College catalog). Read them! Know them! Obey them! If you decide to stop attending the class, you will receive the letter grade of **F** unless you **OFFICIALLY** drop the course. Although I hate doing it, this happens every semester. This is **YOUR** responsibility to do, by using WebAdvisor online, or by filling out a drop card at the Office of Admissions and Records. It is also **YOUR** responsibility to check to be sure that any Drop or Withdraw deadlines mentioned in this syllabus are correct. I do my best to make sure that these items are correct, but if I'm wrong and you believe me then **YOU** get shafted, understand? Sorry!

Classroom Behavior

Students are expected to obey the Golden Rule (“Do unto others as you would have them do unto you”) and to show respect for everyone’s views and speech. For example, if I am talking, you should not be. If another student is talking with my permission, you should not be. Do not sleep, rest your eyes, do work for another class, carry a weapon, act as if you are trying to start a fight, etc. Such disruptions, as well as repeated interruptions by noise (cellphones, iPods, or other devices) will result in your being asked to leave the class and marked absent. Extreme or repeated disruptions will result in suspension from the class. Classes missed as a result of suspension are absences.

Vibrator cellphone mode is OK, but may result in a mildly sarcastic comment from me, intended not as harassment but as a reminder that it’s best to leave cellphones in the OFF position during class. Students should not answer phones inside the classroom.

If you leave class early, please do so quietly, respecting the learning environment for the rest of us. Make sure the door closes quietly behind you. If you trip over a chair on your way out, please be sure to apologize (the extra noise from an apology will not matter in comparison to seeming not to care; we all know that stumbles can happen by accident but you can still be polite). Visitors are not permitted in the classroom, so don’t bring your girlfriend/boyfriend (even if they have to wait for you to give them a ride) and don’t giggle with them at the back of the room. If your cellphone goes off because you forgot to put it on vibrate, again we’ve all been there, but then *don’t leave it on* so that it rings a second time two minutes later! Do you get the impression that each of these items actually happened in class, that they still tick me off, and that I still remember exactly which students did them? You betcha.

Sexually Explicit Materials; Offensive Materials

This is a course in human sexuality. During the course we will view several films and other materials which will contain a fair amount of nudity and sexually explicit content. Verrrrrry occasionally there will be other items (footage of a live birth, a close-up of a medicinal leech, etc.) which may offend or upset some people. During any such occurrences, you are permitted to close your eyes if you wish to avoid exposure to such stimuli. No explanation is necessary, and no exams will question you on such occurrences (although there may be questions about the rest of the item containing the difficult stimulus). **Please tell me** if you find something to be offensive; this will permit me to explain its use in the course and help me determine appropriateness in the future.

Academic Integrity, Cheating, etc.

Although this is NOT an easy course, it is not a bust-your-gut difficult one, either. There is no need to cheat to get a good grade!

That said, please note the following policies on academic integrity. Plagiarism is using ideas, writings, or materials of someone else as your own without acknowledgment or permission. Plagiarism or any form of cheating can result in a variety of penalties, ranging from an adjusted (lower or failing) grade on the particular exam, paper, project, or assignment to a failing grade in the course. I may also suspend the student instantly for the class meeting when the infraction occurs, as well as the following class meeting. For further clarification and information on these issues, please consult with me or contact the office of the Assistant Dean of Student Affairs.

Due to an unfortunate incident in a previous semester, I enforce a 100% ban on electronic devices during exams. During exams you may have only the exam itself, your pencil(s), and your answer sheet on your desk. Everything else must be put away. I don't mean to insult you personally — I don't even know you yet! — but if you copy an assignment's writing from the Internet, please do not come to me later and ask for me to write you a recommendation. (Yes, this actually happened in a previous semester.)

HOMWORK

For a 3-credit course on a regular semester schedule, meetings total 3 hours per week, and students are expected to spend 6 hours per week in homework and other preparation for class (total of 9).

Your main homework task is simple: read each chapter once **before** the corresponding class, which should take about 1 hour and 30 minutes. Then come to class ready for a brief quiz. After class re-read the chapter more slowly, for true understanding. This may sound like a lot, but it's still well under the total of 6 hours per week expected for a class like this. There will also be 5 other homework assignments. The first section of the course has more reading than this, but there is less near the end of the semester (to allow for the Final Exam). To get you started quickly, the first two textbook chapters are available online:

<http://www.grossmont.edu/jamesweinrich/onlinetext/>

I *hate it* when students come to class without having done the reading. The lectures are designed to clarify and expand upon the reading, not just repeat it. Accordingly, each topic will begin with a brief quiz designed to discover whether you have, in fact, read the chapter. If you read the entire chapter BEFORE coming to class, you will probably score 4 or 5 of the 5 points on the quiz. If you only read the 2-page chapter summary (hint hint) you will probably get 2 or 3. If you wing it without having done the reading you will (hopefully) get 0 or 1.

If you read the chapter but didn't understand it, don't worry; the quiz is designed to test your reading, not your understanding. (Understanding is tested on the formal exams.)

Best strategy: Do the reading before class and get much MUCH more out of it! After all, no one takes Human Sexuality just because it's a boring requirement for a major. Be here because learning this topic is fun, useful, and interesting.

Write 3 questions & skip 2 quizzes

There will be 19 quizzes in this course, each consisting of 5 questions, for a total possible of 95 points. Only 85 points are allocated in the grading formula, so 10 extra credit points are built in.

Here's a quiz alternative you can use **once or twice** if you miss a class or don't read the chapter in time for the quiz: write down THREE questions you have after reading the chapter and turn them in. If each of these three questions fits the following qualifications, then you'll get credit for the full 5 points on the quiz:

- The questions should show that you've read the chapter and tried to understand it.
- Write discussion-type questions, **not** quiz- or exam-type questions.

- The questions can't be too simple. (Super-simple questions only show that you read a few words, not the entire chapter.)
- Each question doesn't have to be really, really long. Medium length is best.

Example which is the wrong type:

“What year was the Stonewall Rebellion?” (This is a quiz-type question, not a discussion-type or I-don't-understand-this question.)

Example which is too short:

“What is mitosis?” (This is something you could have come up with just from glancing at the chapter.)

Example which is too long (long is OK if it's a good question, which this is not):

“Concerning the contrast between mitosis and meiosis, is this difference related to the Kantian perception of reality as both real and not real, or is it more relevant to string theory physics and the space-time symmetries of quantum chromodynamics?”

Example which is just right (or maybe a bit longer than necessary):

“I have trouble remembering the difference between mitosis and meiosis. Is the difference really important, and if so how can I remember it?”

This alternative to quizzes is mostly intended to give you a safety net for the chapter quizzes; even good students occasionally get overloaded. Accordingly, you can use it with a **maximum of 2** chapters during the semester.

ACCOMMODATIONS FOR STUDENTS WITH DISABILITIES

Students with disabilities who may need accommodations in this class are encouraged to notify the instructor and contact Disabled Student Services & Programs (DSP&S) **early in the semester** so that reasonable accommodations may be implemented as soon as possible. Students may contact DSP&S in person in room 110 or by phone at (619) 644-7112 (voice) or (619) 644-7119 (TTY for deaf).

TUTORING

You are referred to enroll in the following supervised tutoring courses if the service indicated will assist you in achieving or reinforcing the learning objectives of this course:

- **IDS 198, Supervised Tutoring** to receive tutoring in general computer applications in the Tech Mall,
- **English 198W, Supervised Tutoring** for assistance in the English Writing Center (room 70-119), and/or
- **IDS 198T, Supervised Tutoring** to receive one-on-one tutoring in academic subjects in the Tutoring Center (room 70-229, 619-644-7387).

To add any of these courses, students may obtain Add codes at the Information/Registration desk in the Tech Mall.

All Supervised Tutoring courses are non-credit/non-fee. However, when a student registers for a supervised tutoring course, and has no other classes, the student will be charged the usual health fee.