Grossmont College Walking Routes

Routes are between 5-10 minutes in length, combine multiple routes to walk for 30 minutes!

**Route 1** (7 minutes): Begin in Parking Lot 3, continue past the Exercise Science Bldg (Bldg 41) and 38E, F and G, cutting across the parking lot to District Annex (Bldg 80). Loop around parking lot and the opposite side of the tennis courts, go down and up stairs, returning to the starting point via the walkway between the Exercise Science Bldg (Bldg 40) and the Gymnasium (Bldg 43). Step count: 1568-2379

**Route 2** (3 minutes): Around the Exercise Science Bldg (Bldg 41) only, including stairs
Step count: 2379-2730 … and shady

**Route 3** (4 minutes): Begin at the corner of the Gymnasium (Bldg 43) and the Exercise Science Bldg (Bldg 41), continue around the gym and around the Learning and Technology Resource Center (LTRC, Bldg 70), returning to the corner of the gym and the Exercise Science Bldg.
Step count: 2800-3331

**Route 4** (7 minutes): Begin at the Gymnasium, between the Exercise Science and LTRC, head diagonally toward Bldg 31, turn right and pass between Bldg 31, 28, and 29, turn right at the top and take the walkway above the Health & Sciences Complex, follow the horseshoe path in the middle of the Health & Sciences Complex on the second floor, take left upon completing the horseshoe and take the 2nd set of stairs to 1st floor and complete the horseshoe path on the first floor, returning to walkway between Health & Sciences Complex (Bldg 34) and the Science Laboratory (Bldg 30), taking the stairs back to the starting point. Step count: 1331-4153

**Route 5** (6 minutes): Begin at the intersection of LTRC (Bldg 7), Gymnasium (Bldg 43) and Bldg 42, continue west past Bldg 51 & 52, turn and continue past Bldg 53 & 54, turn, and continue past Bldg. 55 and ending back at the starting point. Step count: 4260-4886

**Route 6** (4 minutes): Begin at any corner of the LTRC and continue in a loop around this building. Step count: 4927-5335

**Route 7** (8 minutes): Begin at LTRC near the Tutorial Center and continue along the pathway between Bldgs. 26 & 27, around Bldg 25, pass in front of the Stagehouse Theatre and around the Admin and Bookstore Bldgs, ending back at the starting point. Step count: 5492-6339