GROSSMONT COLLEGE

COURSE OUTLINE OF RECORD

Curriculum Committee Approval: 03/22/2022

GCCCD Governing Board Approval: 04/19/2022

PSYCHOLOGY 134 - HUMAN SEXUALITY

1. Course Number Course Title Semester Units

PSY 134 Human Sexuality 3

Semester Hours

3 hours lecture: 48-54 hours 96-108 outside-of-class hours 144-162 total hours

2. Course Prerequisites

None

Corequisite

None

Recommended Preparation

None

3. Catalog Description

An overview of the biological, psychological, social and cultural aspects of human sexuality. Topics include historical, social and cultural variations, the influence of gender in sexual behavior, the anatomy and physiology of human sexuality and reproduction, sexuality throughout the lifespan, sexual orientation, communication and relationships, sex therapy, rape and sexual assault, contraception and new reproductive technologies, sexual morality, and STDs.

4. Course Objectives

The student will:

1. Identify, describe and explain how historical developments, social structures and cultural contexts shape human sexuality.
2. Describe and explain the biological, anatomical and physiological aspects of both human sexuality and human reproduction.
3. Compare and contrast the research methods used in psychology for the study of human sexuality.
4. Identify, describe, compare and contrast the main theoretical frameworks in psychology for the study of human sexuality.
5. Analyze how gender influences sexual behavior.
6. Review and synthesize the current scientific literature on sexual orientation.
7. Evaluate current methods of contraception and other reproductive technologies.
8. Identify the symptoms, methods of transmission, and treatment of sexually transmitted diseases including AIDS.
9. Analyze current practices in sex therapy.
10. Review and synthesize the current research literature on rape and sexual assault.
11. Examine historical and cultural variations on sexual morality and laws.
12. Identify factors contributing to relationship satisfaction over time.

5. Instructional Facilities

Standard classroom facilities.

6. Special Materials Required of Student

None

7. Course Content

1. Historical, social and cultural variations of human sexuality.
2. Theoretical frameworks for the study of sexuality.
3. Scientific research methodology.
4. The biology, anatomy and physiology of human sexuality.
5. Gender and sexuality.
6. Sexual orientation.
7. Contraception and new reproductive technologies.
8. Sexuality throughout the lifespan.
9. Motivation, emotions and communication in sexual behavior.
10. AIDS and sexually transmitted diseases.
11. Rape and sexual assault.
12. Pornography, prostitution and other sexual variations.
13. Sex therapy.
14. Sexuality and the law, morality and religion.
15. Love, attraction, relationships, and sexual  communication
16. Relationship satisfaction over time

8. Method of Instruction

a. Lectures and cooperative learning structured exercises (for example, but not limited to group

discussions, in class exercises, current events dialogues).

b. Films, multimedia presentations and/or guest speakers.

9. Methods of Evaluating Student Performance

a. Several exams including a comprehensive written final exam with both essay and objective questions.

b. Written assignments, term paper and/or oral presentations (for example, but not limited to

understanding transmission of sexually transmitted infections, creating and presenting an

advertisement for contraception methods demonstrating knowledge of the subject matter and

critical thinking regarding the same).

10. Outside Class Assignments

1. Weekly required readings before class meetings.
2. Written assignments (for example, but not limited to, a primary literature review, explaining ways in

which couples could manage their jealousies in the relationship, using couples case scenarios to

identify and explain what level of sexual interaction the couples are at in the Maltz’s hierarchy of

sexual interaction)

1. Library research including web sources. (for example, but not limited to researching an article

discussing a “scientific finding” on social media or the web related to sexual behavior and

examining it critically to see if the authors have provided sufficient to support their claim).

11. Representative Texts

a. Representative text(s):

Crooks, R., & K. Baur. *Our Sexuality*. 14th ed. Boston, MA: Cengage, 2021.

b. Supplementary texts and workbooks:

None.

Addendum: Student Learning Outcomes

Upon completion of this course, our students will be able to do the following:

* 1. Use a critical analysis of the scientific method as a basis for evaluating sexual information and concepts.
  2. Explain the biological, cultural and social dimensions of human sexual and reproductive behavior.