

Preparation for the Major Articulation Grossmont College Advising Sheet: All official articulation is listed on www.ASSIST.org - listed under Kinesiology

EXERCISE & NUTRITIONAL SCIENCES- B.S. IN APPLIED ARTS & SCIENCES						
SDSU Course	SDSU Course Title	Grossmont Course	Athletic Training*	Fitness, Nutrition, and Health**	Physical Education (Teaching Credential)***	Pre-physical Therapy
BIOL 100/L	General Biology and Lab	BIO 120		X	X	
BIOL 201A	Principles of Cell and Molecular Biology	BIO 220 & 221	X			X
BIOL 210	Fundamentals of Microbiology	BIO 152				X
BIOL 212	Human Anatomy	BIO 140	X	X	X	X
CHEM 100	Introduction to General Chemistry and Lab	CHEM 115 or 120		X	X	
CHEM 200	General Chemistry	CHEM 141	X			X
CHEM 201	General Chemistry	CHEM 142				X
ENS 104A or 104B	Weight Training	ES 23	X	X		X
ENS 210	Introduction to Kinesiology	ES 250	X	X	X	X
ENS 265/L	Techniques in Athletic Training and Lab	ES 255	X	X	X	X
ENS 289	Pre-Professional Practicum in Athletic Training	No Equivalent	X			
NUTR 201	Fundamentals of Nutrition	HED 255	X	X	X	X
PHYS 180A-182A	Fundamentals of Physics I & Physical Measurements I	PHYC 130	X			X
PHYS 180B-182B	Fundamentals of Physics II & Physical Measurements II	PHYC 131				X
PSY 101	Introductory Psychology	PSY 120	X	X	X	X
PSY 260	Introduction to Physiological Psychology	PSY 140	X			
BIO 215 or ECON 201 or PSY 270 or SOC 201 or STAT 119	Statistics	ANTH 215 or BIO 215 or MATH 160 or PSY 215 or SOC 215	X	X	X	X
SOC 101	Introductory Sociology: The Study of Society	SOC 120	X	X	X	X

*See SDSU catalog for additional application process/forms.

Emphasis also requires 2 Exercise (ES) activity courses. * Emphasis requires 1 activity course chosen from archery, dance, golf, gymnastics, football, racquetball or wrestling.

Impacted Major: See current SDSU catalog for additional information and specific information for your area of emphasis.